

# FRS/GMRS Frequencies



Channel	Use	Frequency (MHz)	Channel	Use	Frequency (MHz)
1	FRS/GMRS	462.5625	12	FRS	467.6625
2	FRS/GMRS	462.5875	13	FRS	467.6875
3	FRS/GMRS	462.6125	14	FRS	467.7125
4	FRS/GMRS	462.6375	15	GMRS	462.5500
5	FRS/GMRS	462.6625	16	GMRS	462.5750
6	FRS/GMRS	462.6875	17	GMRS	462.6000
7	FRS/GMRS	462.7125	18	GMRS	462.6250
8	FRS	467.5625	19	GMRS	462.6500
9	FRS	467.5875	20	GMRS	462.6750
10	FRS	467.6125	21	GMRS	462.7000
11	FRS	467.6375	22	GMRS	462.7250

Note: Up until recently, if you used any GMRS channels you needed to have a license from the FCC to do so. When using FRS channels a license is not required but recently the licensing laws for GMRS radios have been relaxed a little and radios that have a maximum power output of 2 watts or less and that use GMRS channels do not now require a license. Any radio that is more powerful than 2 watts will still require a license to use.

Users of hybrid two way radios, radios that can use FRS and GMRS channels, will need a license if the maximum power output of the radio exceeds 2 watts, irrespective of whether the intention is to only use FRS frequencies or power settings under 2 watts. If the radio possesses the ability to increase power above 2 watts then a license is needed.

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